

# BIG THICK ENERGY

## DIGITAL PROGRAM



DARLINGHURST THEATRE COMPANY

# DIRECTOR'S NOTE

**If you don't feel inspired to wanna dance, cheer or even rip your clothes off then I haven't don't the job right!"**

**Growing up in Australia I experienced loads of racism and discrimination and at a young age assimilated to feel safe. On top of that, I grew up always being told by and/or overhearing doctors using words to describe me as fat, obese, unhealthy and overweight. In my professional life I was turned down for roles or by casting agents because they already had 'one brown girl' or 'voluptuous' girl on the books. I forever felt this feeling of being underrepresented, a minority and an 'other' and continually saw producers not make enough of an effort to create inclusive and accessible events. There was so much negativity about me as a person which made me feel lost and unwanted. It's time to change that up. With a lot of internal reflection, self-love and care I realised I needed to share my story with others for them to feel they are great, too.**

**There is such a strong body movement happening right now and I believe it is time to continue to raise awareness, eliminate negative language and abolish discrimination and exclusivity. And why not do it with a big ass party to celebrate especially considering the year the world has just gone through with COVID-19.**

**Community, Movement and Collaboration are massive concepts involved in all of my works. From teaching dance, to performing my fusion of neo-burlesque, twerk and belly dance routines, to helping others express self-love and care, ALL are being presented at Big Thick Energy only this time on a larger scale with several juicy artists and body positive activists.**

**To feel inspired, liberated, warmth, community: that realisation they're not alone. To be seen and heard. To help reprogram the mind of how we talk to ourselves. To realise they do not need to seek approval or permission to be unapologetically themselves. To have fun and to be loud and laugh and cry and feel the catharsis whilst seeing several communities uniting. For BIPOC and POC people to no longer feel misrepresented and for the mixed-race people to no longer feel othered. For people of all abilities to feel represented. For LGBTQIA+ folks to feel accepted and for the Deaf and HOH community to feel the music and to feel catered to.**

**As a child and teenager there was no plus size representation, in particular when we talk about media. There was never a celebration or positive attitude when it came to embracing our curves so I never felt comfortable or liberated in my skin and tried to hide myself behind layers of baggy clothes. Subconsciously though, I was inspired by my buxom mother, who we've nicknamed Mama Derriere. That gorgeous woman has always owned her voluptuous skin heading to the beach in her bikini. I remember feeling embarrassed by her confidence when I was a teen only because I was concerned what others what say or think... again thanks to media! Mamma always said "if they don't like it, they can look away". And it was her blasé attitude that I was exposed to at a young at that definitely played a part in who I am today.**

**Growing up, the world wasn't ready to celebrate curvy babes. I was sadly disgusted by my body. Now, it's different. There's a lot awareness so young humans are able to program their minds to think more positively about their bodies. Big Thick Energy isn't just about your physical appearance. It's a state of being. It's about taking up space and to unapologetically be yourself. This festival is for everyone. It's a place to educate, celebrate and liberate.**

**I am so grateful to be unleashing this beast of a project to the rest of the world alongside some incredible body positive artists. Without these talented and bold humans, this event wouldn't exist. Thank you to the spectators for getting off your juicy asses to celebrate our unique selves in a safe space.**

**Yalla Habibi, Let's fuck it up! OPA!**

# WORKSHOP FACILITATORS

## SATURDAY



**Demon Derriere**  
**@demon\_derriere**

Leave your pants at home! It's time to shake that junk in your trunk and learn the art of tease.



**Aleks Trkulja**  
**@\_thepleasurecentre**

Lets talk about sex and self pleasure with Sexpert, Aleks. Gain a deeper understanding on creating safer spaces for some saucy queer hanky panky.



**Krista Herrington**  
**@krista\_aussiedeafqueen**

Learn sign language to help you communicate to Deaf & Hard of hearing communities in order to create inclusive spaces.



# SUNDAY

## **Karlee Luna** **@karleemisi**

**This workshop will take you through the history of Vogue, and the moves to have you express your best selves.**



## **Jes Subba** **@jes\_subba**

**Dance has no limits, allow yourself to connect to the rhythm bringing fun, passionate energy whilst learning the roots of dancehall.**

## **Emily Sunflowers** **@emily.sunflowers**

**This fun filled 80's-inspired dance aerobics workout is high-energy and offers an inclusive, wholesome experience for groovers of all ages, shapes and sizes.**



# EVENING PERFORMANCES

FRIDAY



**Demon Derriere**  
**@demon\_derriere**



**Aquenta**  
**@riana.ht**



**Basjia**  
**@basjia**



**Andrew Cox**  
**@andrewcoxpoeetry**

# EVENING PERFORMANCES

FRIDAY



**Daddy Charles**  
**@charliechapstik**



**Big Rod**  
**@heylaurahart**



**Papi Chulo**  
**@nati\_daddy\_**



**Seann Miley Moore**  
**@seanmileymoore**



# EVENING PERFORMANCES

SATURDAY



**Peach Fuzz**  
**@peachykween\_**



**Flywaves**  
**@irena\_flywaves**



**Demon Derriere**  
**@demon\_derriere**



**Fetu Taku**  
**@fetu.taku.angel**



# EVENING PERFORMANCES

SATURDAY



**Wombat Cereal**  
**@wombatcereal**



**omg lmt**  
**@omglmt.design**



**Ginger Foxx**  
**@gingerfoxburlesque**

# EVENING PERFORMANCES

SUNDAY

**Carla From Bankstown**  
**@carlafrombankstown**



**Demon Derriere**  
**@demon\_derriere**



**Sara Martini**  
**@saramartiniverse**



**King Cxntessa**  
**@amiiclem**



# EVENING PERFORMANCES

SUNDAY



**Flower Boy**  
**@nonchalantflowerboy**



**Whiplash**  
**@whiplash.69**



**Space Horse**  
**@spacehorse**



# THANK YOU'S

**Delilah Dollbaby, Ashlee Pham, Samantha Watson-Wood, Sydney Fringe, PACT, Lyndal Tuckey, Gracie, Auslan interpreters (Yasmin Dandachi, Samantha Rutherford, & Will Tap), Jeremy Mamma Derriere & Baba Derriere.**

**Hip Hop Hoe, Flywaves, Dawn Laird, Eric Avery, Space Horse, Big Rod, Whiplash, Carla from Bankstown, Basjia, Andrew Cox, Papi Chulo, Rainbow, Flywaves, Charlie Chapstick, Sean Miley Moore, Womabt Cereal, OMG Lmt, Peach Fuzz, Aquenta, Sara Martini, Krista Herrington, Radha, Fetu Taku, Mama Medusa, Karlee Luna, Rainbow, Jeff McCann, Emily Sunflowers, Jes Subba, Krista Herrington, The Bodzilla, Dianne Murphy, Aleks Trkulja, Cas, Farrah, Patrice, Joanna, Zanzi, Cass, Mary, Lexxi, Uli, King Cxntessa, Flower Boy, Ginger Foxx.**

**Foxx and Ginger, Kirgis Creations, Tabatha Lionhart, Amphitrites Treasure, Withered Design, OMG LMT, Rochelle Buckley Art, Comfort Among Chaos, Catering by Anh, Tyra from Bankstown Mclane Catterall and Jules Bisschoff and the Darlinghurst Theatre team.**

**Sponsored by Vinaceous Wines**

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